

Chemistry

A Program On Interpersonal Relationship Skills

Duration: 24 hours (3 man days)

Batch Size: 16 – 20

Level: Middle level

Overview: Chemistry is founded on 3 dimensions that have a strong impact on interpersonal effectiveness- Interaction, Power and Relationship. GIVING and RECEIVING on these 3 dimensions sets the tone for the quality of Interpersonal effectiveness leading to a healthy relationship built on Collaboration, Sharing and Trust.

Program Focus:

- Communication Skills
- Assertive Skills
- Team Playing and Building
- Conflict Management and Handling
- Networking

DNA: Influence and Be Influenced.

