

Getting Across

A Program On Effective Communication Skills

Duration: 16 hours (2 man days)

Batch Size: 16 – 18 participants

Level: Junior and Middle

Overview: Getting across enables participants to understand their communication framework in terms of Self Disclosure, Receiving Feedback and Perceptiveness. Based on this understanding specific skills are enabled to help participants become more effective in communication.

Program Focus

- My Communication Framework
- Effective Listening and Expression
- Non Verbal Communication

DNA: Intention vs. Words

